Sixteenth Annual Conference

Deana

2000

National Rural Institute On Alcohol and Drug Abuse

Deana

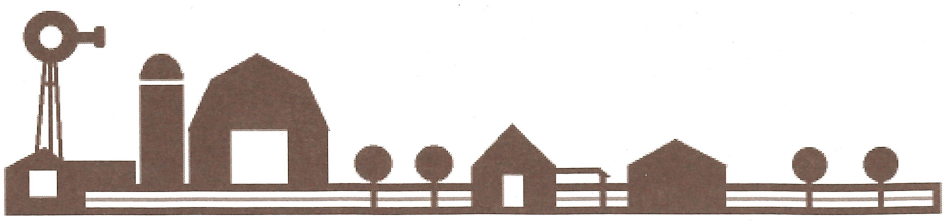
COSPONSORED BY:

- L.E. Phillips-Libertas Treatment Center/St. Joseph's Hospital
- Scaife Family Foundation
- National Rural Alcohol and Drug Abuse Network, Inc. (NRADAN)
- Center For Substance Abuse Treatment (CSAT)
- Center for Substance Abuse Prevention (CSAP)
- Chippewa Indians of Wisconsin
- Wisconsin Bureau of Substance Abuse Services (DHFS-BSAS)
- University of Wisconsin-Stout
- United States Department of Justice-Office of Justice Programs/Drug Court Programs Office
- Wisconsin Alcohol, Tobacco and Other Drug Education Network (WATODEN)
- CESA #8
- Wisconsin Department of Public Instruction
- Tony LaVine & Associates

Sunday, June 18th, 2000 through Thursday, June 22th, 2000 Menomonie, Wisconsin

National Rural Institute on Alcohol & Drug Abuse

This unique rural alcohol and drug abuse conference provides participants the opportunity to personally interact with other rural alcohol and drug abuse professionals, federal agency representatives, and nationally known Institute faculty and resource persons.



Plenary Speakers

Julianne Hughes, Consultant
Sandie Johnson, CSAP
Jeffrey N. Kushner, MHRA, President, ADPA
James Leonard, MD, CEO, Carle Medical Clinic
Barry R. McCaffrey, Director, Office of National Drug Control Policy, White House
Larry W. Monson, ACSW, CICSW, Program Coordinator, L.E. Phillips-Libertas Center President, NRADAN, Inc., Coordinator, NRIADA.
Marilyn Roberts, US Department of Justice, Office of Justice Programs, Drug Courts Programs Office
Glade Roper, Tulare County Judge, Porterville, CA
Marilyn Sellars, Entertainment Artist
Pat Wiley, CADC, Folksinger, Songwriter, Prevention Specialist & AODA Counselor
Roger Williams, PhD, UW-Madison

Workshop Track Leaders and Resource Staff

Chris Anderson, MSW, LMFT
Jeffrey Bentz, CADCIII
Al Buss
Steve Delaney
Denise Estey, BA, MA
Deb Gilbertson, RN
Pam Haukeness, MS, CADII
Tim Haukeness, CADII
Sandy Johnson, CSAP
Dick Kessler, ARC
Bruce Kuehl, PhD
Jeffrey Kushner, MHRA
D.J. Landenfeld, CADC III
John Larson, Judge, Missoula, Montana
James Leonard, MD
Ron Lessard, CADIII
Paul Mladnick, MS,CADC
Berle Middleton, CADIII, IDADC, CSW
Larry W. Monson, ACSW, CICSW
Shirley Mueller, CSADC, ICADC
Mike Nelipovich
Bob Olson
Ronald Potter-Efron, MSW, PhD, CADC III
Marilyn Roberts, Director, UW DOJ-OJP-Drug Courts Programs Office
Glade Roper, Tulare County Judge, Porterville, CA
Louise Sterlinske, MS
Thomas Stanitis, MS, MHS
Lamont Thao
Charles F. Williams, CEAP, MHS

Mini-Workshop and Special Topics Presenters:

Key resource persons from throughout the United States will present 1 1/2 hour Special Topics on current, innovative, and emerging topics. These resource persons and their topics are identified in hand-out materials at the conference registration.

Special Topic Presentations and Mini-Workshops

10:30-Noon, Monday, Tuesday, and Wednesday

Institute faculty, participants, and resource persons will provide approximately 20 special topic presentations and 8 mini-workshops. The following is a partial list of topics that will be presented:

Special Topic Presentations

These 1 1/2 hour sessions run concurrently with the mini-workshops listed below.

- Recovery Issues in Work
- Rural and Frontier State Issues
- Methamphetamine Treatment
- Rural Self-Help Groups
- Folklore and Recovery
- Rural Community Organization
- Managed Care in Rural America
- Treatment Substance Abuse with Harm Reduction Model
- Women's Issues
- And More

Mini-Workshops

These 1 1/2 hour sequential workshops provide participants with 4 1/2 hours of intensive training on a specific topic. They run concurrently with the Special Topic Presentations.

- Working with Asian Clients
- Federal Resource Panel
- Working with the Elderly in Rural America
- Alcohol, Drug Abuse and Disabilities
- Anger, Shame and Addiction
- Treatment of Compulsive Gambling Basics
- Strategies for Taking Care of Self
- Managed Care: Consumer, Provider, Payer

Tentative Conference Schedule

	Sunday	Monday	Tuesday 20	Wednesday 21	Thursday 22
7:00 - 8:30 am	18	Breakfast 19	Breakfast dialogue with federal agency representatives	Breakfast	Breakfast
8:30 - 10:00 am		Welcome and Introductions Plenary Session *"National Drug Abuse Strategies"* • Barry R. McCafferey, Director, ONDCP (invited)	Plenary Session *"Rural America Today: Challenge and Opportunities"* Roger Williams, PhD	Plenary Session 8:30 - 9:15 *"Rural Drug Courts Update"* • Marilyn Roberts, US Department of Justice • Glade Roper, Judge, Tulane County, CA	Workshop Tracks
10:00 - 10:30 am		Break	Break	Break	Break
10:30 - 12:00 Noon	Ride for Rural Recovery Check-in 12:00 Noon	Special Topic Presentations and Mini-workshops Participants can choose one Special Topic or Mini-workshop to attend daily. The mini-workshops are sequential.			Plenary Session & Closing *"Rural Prevention Strategies"* Sandie Johnson, CSAP Closing Comments: Larry W. Monson Jeff Kushner
12:00 - 1:30 pm		Lunch	(12:00-2:00 pm) Harold E. Hughes Awards Luncheon *"Recognizing Excellence"* Julianne Hughes	Lunch	
1:30 - 5:00 pm	Ride for Rural Recovery 2:00 - 5:30 pm Check In: Residence Hall Registration 4:00 - 7:00 pm	Workshop Tracks	Workshop Tracks 2:00 - 5:30 pm	Workshop Tracks	12:00 - 2:00 Medical Student Tour: Arbor Place
5:00 - 6:00 pm	Dinner	Northern Style BBQ & Steak Cook Out	Dinner 5:30 pm	Dinner	
7:00 - 8:30 pm	Opening Session Welcome and Institute Overview, Larry W. Monson "Opening Mixer" Pat Wiley, Folksinger Reception following	Community Evening Forum *"One Day at a Time"* Marilyn Sellars, Entertainer	6:30 pm Optional Evening ✣ evening on your own ✣ Ludington Guard Band Concert and Ice Cream Social in Wilson Park 8:00 pm	Optional Evening Guard Band ✣ Talent Show/Sing-A-Long ✣ Self-help Groups	

Credits:

1) 2.5 (25 hours) Continuing Education Units through UW-Stout
2) 25 hours of endorsed training through the Wisconsin Alcoholism and Drug Counselor Certification Board, Inc.
3) The Office of Continuing Education, UW-Stout, 1023, is approved as a provider for social work continuing education by the American Association of State Social Work Boards (AASSWB). Social workers will receive 25 continuing education clock hours in participating in this program.
4) Application has been made for 22 Equivalency Clock Hours, Wisconsin Department of Public Instruction.
5) 1 Graduate Credit Option - UW-Stout, Contact Deanna Applehans (715) 232-2460
6) 1 Credit Option - Viterbo College, Contact Deanna Applehans (715) 232-2460
7) Application has been made for 25 hours Employee Assistance Program Certification.

Advanced Workshop Tracks

TRACK 1:
Scaife Family Foundation Medical Scholars Track

Faculty: Larry W. Monson, ACSW
James Leonard, MD.

Open to first or second year medical students, interns, residents only.

- epidemiology and genetics
- pharmacology
- psychological aspects
- practice in rural settings
- pathology
- detox and intake
- diagnosis and treatment
- medical management of addiction
- impaired physician program

TRACK 2:
Allied Health Professionals Track

Faculty:Deborah Gilbertson, R.N.

This track will enhance knowledge of the various medical aspects of AODA.

- detoxification
- medical complications related to AODA
- AODA and Dual Diagnosis
- prescription drugs verses drug dependency
- relationships of AODA, Hepatitis A-B-C and HIV/AIDS

TRACK 3:
Cultural Diversity Strategies for Counselors in Rural Settings

Faculty: Denise Estey, MA, BA,
Eduardo Guitteriez, BS

This workshop will provide two six hour specific cultural diversity training sessions focusing on Native American clients and Chicano/Latino clients.

- cultural considerations
- cultural awareness and understanding
- cultural diversity and family involvement
- cultural beliefs and traditions
- consideration for intervention and treatment

TRACK 4:
Rural Alcohol and Drug Abuse Program Management

Faculty: Jeffrey N. Kushner, MHRA
Dick Kessler, ARC

This track will enable participants to increase their working knowledge about managed care and other program management issues essential to survival in rural America.

- managed care - issues and readiness
- rural program funding - Federal/state/local
- rural program evaluation - performance indicator data/taxpayer savings
- rural program survival - marketing your program
- innovative programming - a prevention framework, rural drug courts, etc.

TRACK 5:
AODA Issues and Rural Youth: An Educator's Tracks

Additional optional credit available

Faculty: Jeff Bentz, CADCIII, CESA #8
Steve Delaney, De Pere

This track is offered to educators and AODA professionals who wish to enhance their skills in building or enhancing local, county, regional and state rural AOD programming. We will explore alcohol, tobacco, and other drug issues as they impact rural youth and communities. Consideration will be given to current research, discussion of prevention theory and strategies as well as exploring current public policy.

- rural vs urban
- history of prevention
- resiliency
- comprehensive school model
- risk reduction

TRACK 6:
Rural Drug Courts 101—Basics to Get Started

Faculty: Marilyn Roberts, DOJ/OJP/Drug Courts Programs Office
Jeffrey Kushner, MHRA
Judge Glade Roper
Judge John Larson

This beginning drug court track will teach practitioners the fundamentals of planning and operation of drug courts. It will focus on:

- drug court structure
- identification of key players
- action planning
- targeting and eligibility
- roles of drug court team members
- planning and implementing a drug court

TRACK 7:
Rural Drug Courts Advanced—Maintaining and Enhancing Criminal Justice and Treatment Linkages

Faculty: Marilyn Roberts, DOJ/OJPDrug Courts Programs Office
Jeffrey Kushner, MHRA
Judge Glade Roper
Judge John Larson

This advanced drug court track will be for rural drug court practitioners and will focus on the unique operational issues and problems faced by rural drug court programs.

- rural drug court program components
- team building
- problem solving
- measuring impact and outcomes
- rural drug court resources
- information sharing and feedback
- emerging trends in utilization of rural drug courts

Talent Show

"Bring your talents!" An informal Talent Show and Sing-a-long is scheduled for Wednesday evening after dinner in the Memorial Student Center. For more information, call Louise at (715) 532-9030.

Advanced Clinical Practicum Tracks to Enhance Counselor Skills and Knowledge

TRACK 8:
The Dream World of the Addict - Treatment for Compulsive Gambling

Faculty: Chris Anderson, MSW. LMFT, Paul Mladnick, MS, CADC

This advanced clinical practicum workshop track is designed for the experienced clinician who will:

- acquire a working knowledge of helping clients with a manageable dream world
- distinguish the "con" from the truth
- acquire specific therapist tools and clinical interventions to use in the treatment of pathological gambling and co-morbid addictions
- acquire a working knowledge of gambling as a metaphor for unresolved issues related to loss and grief
- obstacles inherent in the recovery process
- clinical interventions to assist the gambler in recovery

TRACK 9:
Understanding Women's Issues

Faculty: Shirley Mueller, CSADC, ICADC

This advanced workshop is designed to present basic thinking errors involved in working with women's issues.

- life skills for women
- working with W-2 participants
- organizing women's programs
- women and relapse prevention
- parenting skills and awareness

TRACK 10:
Facilitating Treatment Adherence and Change

Faculty: Bruce Kuehl, PhD

This advanced clinical practicum workshop will enable participants to identify the degree to which clients are invested in change, and how this investment can be used to facilitate the larger treatment/recovery process.

- factors that contribute to effective treatment
- counseling techniques for improving client cooperation with treatment (interactive)
- therapeutic positioning strategies for wavering clients (interactive)
- strategies for dealing with the more difficult cases

TRACK 11:
Relapse Prevention/Intervention/ Treatment

Faculty: D.J. Langenfield, CADCIII, CCSII, Certified Relapse Prevention Specialist

This workshop track will increase awareness relative to relapse as a process and how to intervene. This information will assist the participant in helping relapse prone clients in identifying and their personal triggers/warning signs as well as assisting in identifying those in denial as it pertains to possible relapse by helping identify those who are appropriate for relapse prevention treatment. For those of you in recovery from substance abuse, it will assist you in gaining insight into your own relapse potential.

- relapse as a process
- identification of personal triggers
- exploration of personal mandates
- thoughts, feelings, actions relative to relapse
- explore/identify unhealthy ways of dealing with relapse
- address denial as it pertains to the relapse process

TRACK12:
Family Treatment in Rural Settings

Faculty: Pam Haukeness, MS, CADCIII Tim Haukeness, CADCIII

This advanced clinical practicum workshop will provide a protocol for working with rural families impacted by alcohol and drug abuse, and will highlight approaches for counselor use to enhance family treatment.

- assessing family functioning
- counseling techniques and strategies
- intervening to increase family well-being
- aftercare and community support

TRACK 13:
Symptom of Recovery: Adolescents from Evaluation and Treatment to Recovery

Faculty: Berlye S. Middleton, CADCIII, IDADC, CSW, and Ron Lessard, CADCIII

This advanced clinical practicum workshop will enable counselors and therapists to:

- identify treatment criteria for adolescents
- differentiate between illness and recovery models
- artfully explore "validation" techniques and strategies to skillfully implement them
- develop an effective communication style which utilized the culture of treatment language
- assess the evaluation process
- participate in nominal group exercises to enhance adolescent group experience

Ride for Rural Recovery

Motorcyclists are organizing a fund raiser for NRIADA. They are planning a 100 mile ride throughout rural western Wisconsin on Sunday afternoon, June 18, 2000 from 2:00-5:30 PM. Participants at NRIADA, who do not have a motorcycle, may sign-up in advance for a "ride along" experience for an extra fee of $10.00, which will be contributed to NRADAN, Inc. Please note your interest in the ride along on the registration form, and plan to be at the UW-Stout registration area by NOON on Sunday, June 18, 2000. Availability will depend on the number of cycles.

General Information

NRADAN Award

On Tuesday, June 8, at the awards luncheon, three awards will be presented for the outstanding rural professional, rural program, and rural community. Julianne Hughes, widow of The Honorable Harold E. Hughes, has been invited to present the awards.

Location

University of Wisconsin-Stout, serving 7,000 students, is located in Menomonie, Wisconsin, 60 miles east of the Minneapolis/St. Paul metropolitan area. Beautiful lakes, streams, and woods surround Menomonie, a city of 13,000 providing a wealth of year-round outdoor activities.

The majority of the conference sessions will be held in the Memorial Student Center on campus. Campus and city maps will be sent to you along with your confirmation materials. While on campus, participants will be able to enjoy campus recreational opportunities including tennis, bowling, racketball, billiards, indoor and outdoor track. Also, rental of recreational (bicycles, golf, fishing, basketball, etc.) equipment, and purchase of university special events tickets will be available.

Accessibility for Persons with Disabilities

The conference facilities are fully accessible to persons with disabilities. On-campus lodging for handicapped participants is available upon request. Services will be made available to hearing/sensory impaired persons attending the conference if requested at least three weeks prior to the first day of the conference. Please indicate your needs on the registration form.

Lodging/Transportation

On-campus lodging:

On-campus lodging (double occupancy) and meals are included in the standard fee of $395.00. Roommates will be assigned if no preference is indicated. Each room has 2 twin beds, with bedding provided. There are shared bathroom facilities and semiprivate showers on each floor. The dorms are not air conditioned and there are no phones in the rooms. Single room occupancy is available for an additional $30.00.

To accommodate reduced fares, on-campus lodging is available on Saturday, June 17. If interested, check the box for Saturday lodging on the registration form.

Off-campus lodging:

There are numerous motels/hotels within easy driving distance of the campus. A motel/hotel guide will be sent with your confirmation materials. Individuals need to make their own arrangements.

Transportation:

The nearest airports are the Minneapolis/St. Paul International Airport (1 hr 15 min) and the Eau Claire Airport (45 min). A van shuttle service is available from the International Airport to Menomonie, (715) 835-0399. The shuttle stops at Motel 6. Taxicab service is available to campus. Major car rental companies are available at both airports.

Fee Information

The standard fee covers instruction, meals (Sunday evening through Thursday breakfast), on-campus lodging (double occupancy), refreshments, awards luncheon, and activity fee. Please refer to registration form for additional options.

The advanced registration deadline is May 18, 2000. A full refund/cancellation of fees will be made for cancellations received in writing on or before May 18. No refund or cancellation of fees will be made after this date; however, you may send a substitute in your place if Continuing Education is notified one week in advance. Registrations can be processed up to June 14, 2000, at the increased rate as noted on the registration form.

Scholarships

Scaife Family Foundation Medical Scholar Scholarship and Stipend

The Scaife Family Foundation of Pittsburgh, PA, is funding 15 scholarships for medical students or residents interested in practicing in rural America. The scholarship will cover all conference costs with the exception of travel. A $200 stipend will also be awarded to each scholarship recipient.

Harold E. Hughes Scholarship Fund

This perpetual scholarship fund has been established to provide on-going recognition and honor of the contributions made to the alcohol and other drug abuse prevention and treatment field in the United States by Harold E. Hughes. Five scholarships are available annually to counselors who are experiencing financial hardship and would not otherwise be able to attend.

Carole Teske Scholarship Award

The Institute for Problem Gambling will provide one full scholarship for a person interested in attending the advanced track on the treatment of pathological gambling.

Wisconsin Council on Problem Gambling Scholarship Award

The council will provide one full scholarship for a participant interested in attending the advanced track in the treatment of pathological gambling.

Wisconsin Department of Health and Human Services-Bureau of Substance Abuse Services

Scholarships are provided by the DHFS-BSAS for Wisconsin rural participants.

US Department of Justice, Office of Justice Programs, Drug Court Programs Office

Funding assistance is available for both the basic and advanced rural drug court tracks.

All scholarship application information can be obtained by contacting Deanna Applebans at Stout Solutions • Continuing Education, (715) 232-2460 or email applehansd@uwstout.edu. *The scholarship application deadline is April 1, 2000.*

NATIONAL RURAL INSTITUTE ON ALCOHOL AND DRUG ABUSE

REGISTRATION FORM - 2000
National Rural Institute on Alcohol and Drug Abuse

Name _____

Title _____ SSN* _____

*Providing this information is optional, but very important for recording and retrieval of CEU records.

Address (please check one) ❑ home ❑ business

_____

City _____ State _____ Zip _____

Business Name (if applicable) _____

Phone (home) _____ (business) _____

FAX _____ E-mail _____

Fees:

$395.00 If registered by May 18-includes meals, on-campus lodging (double room)
$370.00 If registered by May 18 and a member of NRADAN, Inc.
$25.00 Membership dues if registering as NRADAN, Inc member
(Include this as a separate check payable to: NRADAN; Inc.)
$425.00 If registered after May 18-includes meals and on-campus lodging
$300.00 Institute and Awards Luncheon (no other meals or on-campus lodging included
$355.00 Institute and meals (no lodging included)
$120.00 Daily fee (I plan to attend on ❑ M ❑ T ❑ W ❑ Th)
$30.00 Single room on-campus lodging additional fee
_____TOTAL DUE (Note separate check for NRADAN, Inc. membership)

Method of Payment: (please check one)

❑ Purchase Order (Payment or PO must accompany registration.)
❑ Check (payable to UW-Stout) ❑ Visa ❑ American Express ❑ Mastercard

Card Number_____Expiration Date _____

Cardholder Name (please print) _____

Cardholder Signature** _____

**This gives UW-Stout authorization to charge the registration fee to the above card. You may FAX your registration to us if you are paying by charge card. Our FAX number is (715) 232-3385

❑ Request Saturday night lodging
❑ Roommate Preference_____
❑ Indicate special needs (physical disabilities or sensory impairment: _____
❑ I do not authorize UW-Stout to publish my name/address
❑ Please send me information on the Ride for Rural Recovery
❑ participant with motorcycle ❑ ride along

To Register: Send the completed registration form with your check payable to UW-Stout or your purchase order to: NRIADA, UW-Stout, Stout Solutions • Continuing Education, Menomonie, Wisconsin 54751, or FAX the completed registration form *with a purchase order* to (715) 232 3385.

Please indicate 1st and 2nd choice for workshop tracks.

1st Choice _____ 2nd Choice_____

This program is offered through a partnership between UW-Stout and NRADAN, Inc. UW-Stout provides equal opportunities in employment and programming including Title IX requirements.

For more information contact:

Program:
Louise Sterlinske, MS
NRADAN, Inc.
P.O. Box 40
Tony, WI 54563-0040
(715) 532-9030 FAX (715) 532-9030
E-mail: LESterlinske@centurytel.net

Conference Logistics:
Deanna Applehans
Stout Solutions • Continuing Education
University of Wisconsin-Stout
Menomonie, WI 54751-0790
(715) 232-2460
E-mail: applehansd@uwstout.edu

Registration limited to the first 300 participants

Send registration form to:

National Rural Institute on Alcohol and Drug Abuse
Stout Solutions • Continuing Education
University of Wisconsin-Stout
140 Vocational Rehabilitation Building
P.O. Box 0790
Menomonie, WI 54751-0790

Voluntary Information

University of Wisconsin System asks that you voluntarily respond to the questions below. The cumulative demographic information will be used to enhance our programming efforts.

Gender
❑ Male ❑ Female

Race/Ethnicity
❑ Black (African American, not of Hispanic origin)
❑ Asian or Pacific Islander
❑ American Indian or Alaskan Native
❑ Hispanic
❑ White (not of Hispanic origin)

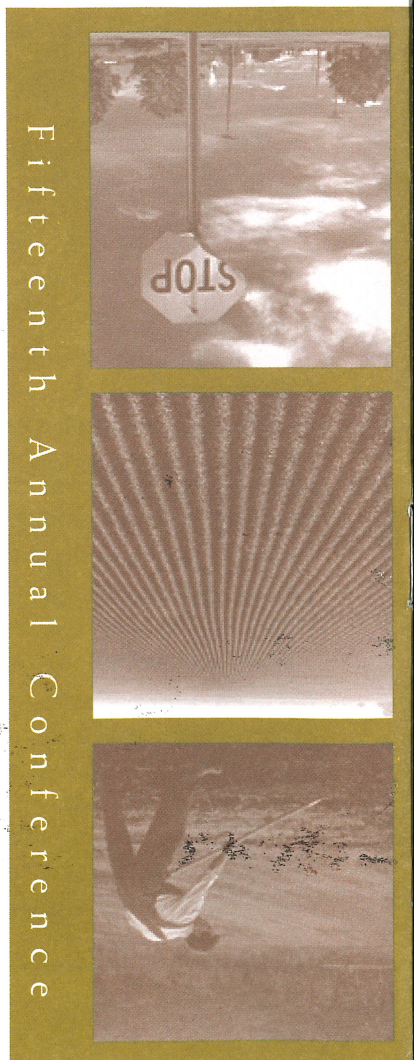
Age
❑ under 18 ❑ 18-34
❑ 35-49 ❑ 50-64 ❑ 65+

Are you enrolled in this program for career purposes?
❑ yes ❑ no

Occupation/Organization
❑ Agriculture/Forestry
❑ Educational Services
❑ Engineering, Architecture and Surveying
❑ Finance, Insurance and Real Estate
❑ Health Services *(Physical and Mental)*
❑ Manufacturing
❑ Protective Services *(Police, Guards, and Correctional Workers)*
❑ Public Administration *(Government)*
❑ Retail Trade
❑ Social, Recreational and Religious Services
❑ Transportation, Communication, Utilities
❑ Wholesale Trade
❑ Other

Stout Solutions • Continuing Education
University of Wisconsin-Stout
140 Vocational Rehabilitation Building
P.O. Box 790
Menomonie, WI 54751-0790

National Rural Alcohol
and Drug Abuse Network, Inc.
http://major.uwstout.edu/



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